

# GMAC Martial Arts

Unit 6, Napier Square, Houston Industrial Estate, Livingston, EH54 5DG

From 1st January 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				ADDITIONAL SUPPORT NEEDS 16:00 - 16:45 hrs	GYM CLOSED	JUNIOR KICKBOXING 10:15 - 11:10 hrs
LITTLE NINJA'S (Class 1) 17:00 - 17:45 hrs	LITTLE NINJA'S (Class 2) 17:00 - 17:45 hrs	LITTLE NINJA'S (Class 1) 17:00 - 17:45 hrs	LITTLE NINJA'S (Class 2) 17:00 - 17:45 hrs	JUNIOR KICKBOXING 17:00 - 17:55 hrs		
KICKIN' KIDS (Class 1) 18:00 - 18:55 hrs	KICKIN' KIDS (Class 2) 18:00 - 18:55 hrs	KICKIN' KIDS (Class 1) 18:00 - 18:55 hrs	KICKIN' KIDS (Class 2) 18:00 - 18:55 hrs			
JUNIOR TAEKWON-DO (Class 1) 19:00 - 19:55 hrs	JUNIOR TAEKWON-DO (Class 2) 19:00 - 19:55 hrs	JUNIOR TAEKWON-DO (Class 1) 19:00 - 19:55 hrs	JUNIOR TAEKWON-DO (Class 2) 19:00 - 19:55 hrs			
ADULT TAEKWON-DO 20:00 - 20:55 hrs	ADULT KICKBOXING 20:00 - 20:55 hrs	ADULT TAEKWON-DO 20:00 - 20:55 hrs	ADULT KICKBOXING 20:00 - 20:55 hrs			