



LIVINGSTON SUMMER TIMETABLE 2018

Gym Closed

Mon 9th to Thur 12th July

(with the exception of adult Kickboxing classes)

**Condensed Timetable in place from Monday
16th July to Sunday 19th August.**

Monday's	6pm - 7pm 7pm - 8pm	Little Ninja & Kickin Kids Teen & Adult Taekwon-Do
Tuesday's	5.45pm - 6.45pm 6.45pm - 7.45pm 7.45pm - 8.45pm	Little Ninja & Kickin Kids Junior Taekwon-Do All Kickboxing
Wednesday's	6pm - 7pm 7pm - 8pm 8.30pm - 9.30pm	Little Ninja & Kickin Kids Teen & Adult Taekwon-Do Tactical Edge
Thursday's	5.45pm - 6.45pm 6.45pm - 7.45pm 7.45pm - 8.45pm	Little Ninja & Kickin Kids Junior Taekwon-Do All Kickboxing
Friday's	3.30pm - 4.15pm	All ASN Classes
Saturday's	10.30am - 11.15am	ITF Kids

www.gmacmartialarts.co.uk