

GMAC INTERCLUB COMPETITION - 2018 (series 1)

SUNDAY 25th MARCH 2018

Craigwillow Centre, Craigshill Road, Livingston, EH54 5DT

Starts: 10.00 am (TIMES WILL BE ALLOCATED FOR AGE GROUPS PRIOR)



Competitors Details

Forename:	<input type="text"/>	Surname:	<input type="text"/>
D/O/B:	<input type="text"/>	Age:	<input type="text"/>
TKD School:	<input type="text"/>	Sex:	<input type="text"/>
Licence No:	<input type="text"/>	Instructor:	<input type="text"/>
Grade:	<input type="text"/>	Expiry Date:	<input type="text"/>

Entry Details

AGE CATEGORIES	upto 6 year	<input type="checkbox"/>	Height (cm)	<input type="text"/>
	7 & 8 years	<input type="checkbox"/>		
	9 & 10 years	<input type="checkbox"/>	Weight (kg)	<input type="text"/>
	11 to 13 years	<input type="checkbox"/>		

EVENTS

TKD Punching:*	<input type="checkbox"/>
Pattern:	<input type="checkbox"/>
Sparring:	<input type="checkbox"/>
Spec Tech:	<input type="checkbox"/>

**Can only be entered if you do not know Pattern.
You cannot enter both Punching & Patterns.
Please speak to your instructor if you are unsure.*

Please note all competitors must have the appropriate equipment to take part in sparring.

Minimum Requirements:

- | | | | |
|--------------------------|------------------------|--------------------------|-------------|
| <input type="checkbox"/> | Gloves (ITF Open Palm) | | |
| <input type="checkbox"/> | Foot protection | | |
| <input type="checkbox"/> | Head Guard | <input type="checkbox"/> | Mouth Guard |

Declaration & Waiver

I wish to enrol as a competitor for this event and state that I am physically fit for participation in my chosen events. I participate entirely at my own risk and have adequate insurance cover should I be injured. I acknowledge that I have the correct details and accept that I may be disqualified if the details are incorrect. I also agree to abide by the rules of the competition event and will accept the decisions of the umpires and referees.

Competitor Signature:	<input type="text"/>
Date:	<input type="text"/>

Instructor Signature:	<input type="text"/>
Date:	<input type="text"/>

Please hand in your entry form along with licence booklet:

Entry Fee: £15 **Closing Date: 20th March**

Entries after the closing date will be charged at £20